

YÖKDİL SAĞLIK BİLİMLERİ TEST – 1

1. While statins undoubtedly extend the lives of many people, some patients ---- side effects such as muscle pain, so drug companies have to look for alternative treatments.

- A) intend
- B) release
- C) restrict
- D) postpone
- E) experience

2. If a child develops ---- within baby teeth, they will be repaired as soon as the adult teeth emerge, but this does not mean that dental attention isn't still essential.

- A) tendencies
- B) cavities
- C) solutions
- D) deficits
- E) corrections

3. Patients who have received a general anaesthetic should be observed in the recovery room until they are conscious and their vital signs are ----.

- A) stiff
- B) curious
- C) erratic
- D) corrupt
- E) stable

4. Only when their brain stem function is ---- lost, is a person confirmed as being dead.

- A) temporarily
- B) remarkably
- C) permanently
- D) carelessly
- E) neglectfully

5. Some women with breast cysts report that their symptoms ---- if they avoid caffeine and other stimulants found in coffee, tea, chocolate, and many soft drinks.

- A) improve
- B) prevent
- C) cure
- D) refuse
- E) destroy

6. Predicting the influence ---- both natural hormones and supplemental hormone therapies is always a bit ---- a guessing game.

- A) of / of
- B) from / at
- C) by / off
- D) with / under
- E) about / over

7. Our skin, which ---- about one seventh of our body weight, is our heaviest and largest organ.

- A) holds up
- B) sets off
- C) makes up
- D) works out
- E) brings in

8. A new blood test that ---- pancreatic cancer in its early stages ---- the deadlines of the disease.

- A) is detected / could reduce
- B) detects / may reduce
- C) has detected / is reduced
- D) was detected / reduced
- E) can detect / was reduced

9. Vaccines ---- the virus from infecting the body again once they ---- to a person because it stays in the immune system.

- A) prevent / is given
- B) are prevented / gives
- C) may prevent / has given
- D) have prevented / was given
- E) prevented / should be given

10. If the human body ---- a tolerance to unhealthy chemicals, we ---- extinct a long time ago.

- A) doesn't have / will have become
- B) hadn't had / may have become
- C) won't have / might have become
- D) hasn't had / could have become
- E) didn't have / would have become

11. It is often quite difficult to know ---- an injury due to an accident or trauma is serious or not.

- A) despite
- B) in case
- C) so far as
- D) whether
- E) so long as

12. The brain depends on a continuous supply of nutrients from the blood, ---- are synthesized in other organs of the body.

- A) much of what
- B) all of them
- C) some of which
- D) most of it
- E) a little of which

13. We have recently uncovered ---- more clues as to how anaesthesia works, mainly through research in biochemistry and biophysics.

- A) too
- B) enough
- C) a whole
- D) a few
- E) much

14. Coconut oil is one of the best treatments for constipation, ---- its high content in medium-chain fatty acids, which assist bowel movements.

- A) due to
- B) in spite of
- C) by means of
- D) as opposed to
- E) apart from

15. We do know that anaesthesia suppresses signalling between neurons in the brain, ---- just how they do their silencing job is still a mystery.

- A) but
- B) since
- C) even if
- D) in case
- E) so that

16. ---- we have used anaesthesia for hundreds of years, but we still don't really know how it works.

- A) In spite of
- B) Because
- C) Even though
- D) Unlike
- E) Whatever

17. ---- dental cavities are so common, many people are not overly concerned when they are diagnosed with one.

- A) Unless
- B) So that
- C) Despite
- D) Owing to
- E) Because

18. ---- the human body is deprived of sleep, cognitive performance begins to suffer almost immediately.

- A) When
- B) In case
- C) Unless
- D) However
- E) Though

19. ---- one takes enough vitamins and minerals, he or she may still suffer from malnourishment.

- A) The more
- B) Even if
- C) Just as
- D) Such as
- E) Unlike

20. ---- brain dead humans are no longer alive, their bodies can often still circulate blood, digest food, excrete waste, and even deliver a baby.

- A) Although
- B) Because
- C) No sooner
- D) Only when
- E) In spite of

21. – 25. sorularda, aşağıdaki parçada numaralanmış yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

Gallstones are known to be small and hard deposits that form in the gallbladder, a sac-like organ that (21) ---- under the liver in the upper right side of the abdomen. They are common in the wealthy countries, (22) ---- 10–15% of adults. Interestingly enough, most people (23) ---- gallstones don't even know (24) ---- they have them. However, in some cases, a stone may cause the gallbladder to become inflamed, resulting in pain, infection, or (25) ---- serious complications.

21.

- A) lies
- B) treats
- C) locates
- D) focuses
- E) protects

22.

- A) affect
- B) affected
- C) affecting
- D) to affect
- E) to be affected

23.

- A) from
- B) into
- C) about
- D) under
- E) with

24.

- A) what
- B) that
- C) whose
- D) which
- E) where

25.

- A) other
- B) the others
- C) others
- D) another
- E) every other

26. – 30. sorularda, aşağıdaki parçada numaralanmış yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

A breast cyst, an accumulation of fluid within the breast, often results in breast lump that you (26) ----. If you find any breast lump, (27) ---- you think it is a cyst or not, it is essential to consult your health care provider (28) ---- possible. About 25% of breast cysts enlarge gradually (29) ---- 'big-enough' cysts to become a palpable breast lump. Breast cysts, (30) ---- are thought to occur in nearly 1 in every 3 women over 35, are extremely common.

26.

- A) can feel
- B) should be felt
- C) are felt
- D) had to be felt
- E) could be felt

27.

- A) unless
- B) even so
- C) either
- D) due to
- E) whether

28.

- A) more than
- B) so much as
- C) too little
- D) as soon as
- E) so much that

29.

- A) into
- B) from
- C) about
- D) behind
- E) between

30.

- A) where
- B) that
- C) whose
- D) whom
- E) which

31. – 35. sorularda, aşağıdaki parçada numaralanmış yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

Receding hairlines are a common problem (31) ---- both men and women, with issues being (32) ---- more common in men. It is well-known that receding hairlines (33) ---- by a variety of factors (34) ---- from genetics and aging to hormones and disease. Depending on the cause of your receding hair, there are (35) ---- options available on the market to help regain your original hairline.

31.

- A) for
- B) into
- C) from
- D) about
- E) within

32.

- A) so
- B) that
- C) many
- D) much
- E) a lot of

33.

- A) may be causing
- B) could be caused
- C) tends to be caused
- D) appear to be causing
- E) seem to have caused

34.

- A) ranging
- B) dealing
- C) weakening
- D) maintaining
- E) capturing

35.

- A) each
- B) none
- C) too much
- D) several
- E) a great deal of

36. – 40. sorularda, aşağıdaki parçada numaralanmış yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

Headache is a very common issue after (36) ---- makeup for long periods of time. Generally, ladies feel dizziness, tired and nausea after prolonged exposures (37) ---- high make-up. A lot of care is, therefore, taken while removing of makeup. It is necessary that absolutely nothing (38) ---- behind. Also, cosmetics contain certain ingredients that may cause unconsciousness. Therefore, (39) ---- you make sure that it is not for too long, should you wear make-up. Nevertheless, if you have to spend a large amount of time out, then you should prefer light makeup to (40) ---- headaches.

36.

- A) worn
- B) wearing
- C) wear
- D) to wear
- E) being worn

37.

- A) from
- B) into
- C) to
- D) amid
- E) behind

38.

- A) had to be left
- B) should be left
- C) has been leaving
- D) must have left
- E) could be leaving

39.

- A) as soon as
- B) in order that
- C) even if
- D) as though
- E) only after

40.

- A) retain
- B) avoid
- C) urge
- D) remind
- E) attend

ANSWER KEY			
1	E	21	A
2	B	22	C
3	E	23	E
4	C	24	B
5	A	25	A
6	A	26	A
7	C	27	E
8	B	28	D
9	A	29	A
10	E	30	E
11	D	31	A
12	C	32	D
13	D	33	B
14	A	34	A
15	A	35	D
16	C	36	B
17	E	37	C
18	A	38	B
19	B	39	E
20	A	40	B